Jennifer Mathieu's *The Truth about Alice*
Annotated Resources Bibliography

**Books**

Based on the author's own experiences, in this novel Junior decides to leave the Spokane Indian reservation school to attend a better school in town, where he is the only Native American. He becomes an outcast at both home and school as he tries to navigate the rocky road of adolescence, while facing the problems of his home life and life on the reservation.

Based on the diary of a fifteen-year-old who descends into the horrors of drug addiction, this classic remains a definitive record of the dangers of addiction.

In the tradition of *Go Ask Alice*, this diary of a 16-year-old that shows how easily social drinking and drugging can get out of hand, leading to a downward spiral into addiction, attempted rape, rehab, and eventual death.

Two weeks after Hannah kills herself, Clay Jensen, who had a crush on her, receives a box of cassette tapes that she recorded explaining why she took her own life. Secrets, betrayals, bullying—and even Clay himself—played a role in this tragedy.

A collection of 14 stories that deal with many aspects of bullying—social, emotional, physical, and sexual. Written by fourteen well-known YA authors, including Kristen Miller, Jennifer Brown, Jaime Adoff and Lish McBride.

*New York Times* best-selling author Jodee Blanco presents true stories of bullying and how victims stood up to their bullies, as an inspiration to other teens who are suffering.

Turned into an outcast after she is raped by Zac, the popular captain of the lacrosse team, when she is drunk, Grace finds that the only person who listens to her side of the story is Ian, Zac’s best friend, who has secrets of his own.
This workbook consists of 42 self-help activities to help teens work through and manage the emotions created by being bullied, as well as helping them develop anti-bullying strategies and communication techniques. While written as a self-help guide, the workbook is also intended as a resource for parents, counselors, and educators.

Written as a series of letters, this novel explores Charlie’s freshman year in high school, as he makes friends with group of older students and makes discoveries about himself and his past.

Noelle’s life is miserable, with a neglectful, alcoholic mother at home, pitiless bullying at school, and a boyfriend who refuses to be seen with her in public. Only the suicide of another bullied classmate and interest shown by her secret crush make her decide to stand up for herself and make the truth be heard.

Sixteen-year-old Torrey Grey is a YouTube fashion sensation, but her world crumbles—in a very public way—when her sister is killed during a filming session. As she faces cyberbullying and infamy at school, will she be able to mourn her sister?

As an English assignment, three juniors who are friends keep diaries for 3 months, during which time their friendship is tested.

Find inspiration for your next get-together in this party planning guide, which includes instructions for over 200 party games, including a whole section of ideas for guessing games.

After years of abuse, Leslie commits suicide, leaving her bullies and cyberbullies to face the aftermath of their actions, including legal action in the form of a wrongful death lawsuit. Although the bullies maintain their innocence, as the lawsuit progresses, incidents reveal the truth.

High school senior Ben’s falls quickly for artsy new girl, Ani, but their lives turn into a nightmare after Ani is brutally raped at a party Ben didn’t go to. Ben becomes obsessed with finding out what happened and feels helpless as he tries to help Ani.
It’s a year after Caleb hit Maggie while driving drunk, and the two have just returned to school, Maggie after a long recovery and Caleb after a year in prison. Circumstances have made the two of them loners but, when they are forced to work together, they find themselves falling in love.

Eight months after he left Paradise, Caleb’s job as a transition counselor puts him in contact with Maggie again. The two must work through their feelings of anger, frustration and attraction over the course of a summer.

Jump start your party planning with these adorable recipes for mini-snacks, entrees, and desserts, geared to kids and adults alike, with color photographs for every recipe.

In this memoir, Glynn chronicles her two year friendship with a homeless woman in New York that culminates in the woman’s return to her family in Italy.

Taking a different approach to the burgeoning problem of bullying, community activists Magdalena Gomez and Maria Luisa Arroyo worked with parents, teens and children to create a collection of essays, poetry, plays, and commentary about the effects of bullying on both bullies and victims.

Jujube is happy when Brent asks her out, but then the rumors start flying and she finds herself labelled as a slut. Determined to fight the situation, she gathers a group of other girls who have been maligned and tried to show the students the damage that labels can do.

Fifteen-year-old James is caught delivering drugs for his older brother and sentenced to a year in juvenile detention, where he tries to stay out of trouble, inspired by letters from his English teacher, but finds it anyway when he tries to defend a gay friend from a brutal prison guard.

After Sam flirts with popular Carter, the word spreads that he raped her, even though he didn’t. When others approach her saying that he hurt them, too, Sam finds herself living a lie. If she tells the truth, will she lose her best friend, Nick?

In this start to a new paranormal series, Mara wakes up in a strange place and is approached by the Messenger of Fear, who wants her to be his apprentice. His job is to bring justice to bullies and evildoers who have harmed others, justice that is often expressed in gruesome and violent ways, as the Messenger toys with his victims.

Seventy popular young adult authors offer short poems, stories, and essays that share their experiences as victims, bullies, and bystanders and run the gamut of several types of bullying. A companion website, dearbully.com, continues to collect stories.

A wealthy art dealer, Ron Hall, and a former indentured servant, Denver Moore, become friends due to Ron’s wife’s volunteer work at a mission in Fort Worth.

As sixteen-year-old Poe Holly settles into life in a small California wine town, living with a father she barely knows, she encounters a high school system that allows the popular football star Colby to make quirky Velveeta’s life miserable. When the bullying takes a turn for the deadly, Poe decides to take the system down.

Gabe, a band geek on the low end of the school social spectrum, takes on the cheerleaders for control of the school’s soda sales, starting a geeks vs. jocks war.

When unpopular April Bowers decides that the price of joining mean girl Britney’s clique is too high, she faces peer pressure and bullying, struggling to find the support and self-confidence to make the right decisions.

Hallelujah, the victim of a vicious bullying and slander campaign by the pastor’s golden boy son, struggles to survive physically as well as emotionally when she and two others—a former
friend and a new girl—are separated from the main group during a hike while attending a church camp.

Identical twins Kaeleigh and Raeanne, daughters of a district court judge, face a wide variety of problems, including sexual abuse, drug and alcohol abuse, binging, purging, cutting, and promiscuity.

When his social studies teacher asks his students to come up with a plan that will change the world for the better, Trevor McKinney devises the “pay it forward” plan. He will help three people, who will each help three more, until the kindness movement spreads across the globe. At first things don’t go as planned, but then tragedy leads to unexpected triumph.

Three drug addicts share the stories of their addictions to crystal meth, marijuana, cocaine, and alcohol.

This book offers recipes and menus, down to the last detail, for all kinds of parties. It includes over 120 recipes.

This guide helps you plan and prepare for all kinds of parties, with tips on decorating, venue selection, invitations, themes, and food. (Information in this volume is included in Perfect Party Food Made Simple, also by Bridget Jones.)

This book offers advice to teens who have been bullied about how to cope and how other students can help the bullied. It also tells educators, parents, and communities how to stem and reverse the growing tide of bullying.

Jerry, the high school quarterback, almost killed a girl in a drunk driving accident the previous year. The school sports reporter, Carla, recruits him to blog with her about the football season, but things turn controversial when Jerry is hit in the head and Carla starts to uncover some unsavory details about concussions and the football team.
A complex study that looks at bullying from medical, sociological, and psychological perspectives, and examines all those involved: bullies, victims, henchmen, and bystanders. The author explores the myths, misconceptions, and symptoms of bullying, and advocates interventions to stop bullying.

Rock singer and reality TV-star Storm Large recounts her childhood, which was spent visiting her mother in mental institutions, where a doctor told her that she was doomed to end up like her mother. She turned to drugs and sex until she discovered rock and roll, which gave her a focus and saved her life.

It's the end of school party of the year and eleven teens tell it all from their point of view, including the drinking, fighting, and hooking up.

Victoria’s cyberbullying trial is set to start the next day when she receives a “random” phone call from a stranger who is planning to commit suicide, asking her to give him a reason not to do it. Victoria races against the clock to find him before her trial starts, with Facebook posts that reveal her part in the cyberbullying incident.

After completing a three-month tour of kindness in Canada in 2002, four friends discuss their experiences, offering resources and inspiration to others who are interested in committing random acts of kindness.

In this memoir, Logothetis leaves his unfulfilling desk job to travel the globe on his motorcycle, determined to live on the kindness of strangers and give back through surprise charitable donations.

Keir Sarafian is a popular football star and self-proclaimed “good guy.” When he cripples a member of the opposing football team, it’s just “an unfortunately magnificent hit” and when his long-time crush accuses him of date rape, it's impossible. Or is it? This chilling account leads the reader--and Keir--to an inescapable conclusion. Some things are just inexcusable.

Already a victim of sexual abuse, Jesse faces more nightmares when a hacker known as King blackmails him with explicit videos hacked from his computer. As King forces him to put on
shows for pedophiles and threatens him if he doesn’t recruit other young boys, Jesse joins forces with Miranda, another victim, to try to bring King down. A list of helpful websites dealing with online harassment, abuse and suicide is included.

Inspired by a real incident, senior Sara Wharton reflects back on the events that culminated in criminal charges against her and several other classmates after the suicide of fellow student, Emma Putnam. Bullying, slut shaming, and harmful pranks all play a role in the senseless tragedy. Includes a list of anti-bullying resources.

Marsico’s informative text on bullying presents a balanced combination of true stories, statistics, and facts. It also includes sources and suggestions for further reading. Good for teen research as well as adult information.

Alice Franklin’s life changes forever the night of Elaine’s party, when the most popular boy in school starts a rumor that she slept with him and another guy that same night. Then, things get even worse when he dies in a car accident and his best friend says it was because Alice was sexting him. Everyone thinks they know, but what exactly is the truth about Alice?

Four unlikely partners at a prestigious prep school form a group they name DGM for “Don’t Get Mad,” with the purpose of getting revenge for bullied classmates. When one of their targets is murdered, it’s a race against the clock for them to find the murderer before they are outing. The first in a planned series.

When 16-year-old Ariel moves into a tough new neighborhood, she flirts with a boy and attracts the attention of his aggressive, mean ex-girlfriend. The ex-girlfriend smears Ariel’s reputation, who responds with a slew of bad decisions that start her on a downward spiral.

Piddy Sanchez is a typical high school student trying to balance honors classes, a part-time job and family issues when she unwittingly becomes the target of one of the toughest girls in school. Yaqui Delgado calls her a skank and, as the verbal bullying escalates to threats of physical violence and cyberbullying, Piddy’s emotional world starts to crumble. Even with the help of adults, there is no easy solution to the challenges she faces.

This collection of first-person essays gives insight into the perspective, motivations, and the “why” of bullying from the point-of-view of all three points of the bullying triad: victims, bullies, and bystanders.

Teens Maddie and Stewart meet and fall in love in a drug and alcohol rehab center. After they leave the facility, can they stay straight, sober and together?

Henry’s life changes forever when his older brother picks up their dad’s hunting rifle one day, kills the boy who has been bullying him and then commits suicide. Now Henry lives in a new town and, as part of his therapy, is keeping a journal that records, with humor and pathos, his new life.

After she dies in a car accident, mean girl Samantha must relive the day of her death over and over until she can find a way to correct the wrongs that she did.

Born with severe facial deformities, Auggie Pullman has been homeschooled his whole life. Now, as he starts fifth grade at a regular school, he struggles to be treated as just another student. Written from the viewpoints of Auggie and several friends, this “meditation on kindness” offers hope in a cruel world.

This cookbook features over fifty simple recipes suitable for any type of party, from buffets and teas to glamorous parties.

This book presents ideas for entertaining and providing amusement at all kinds of parties, for all ages.

Based on the authors’ discussions with thousands of teens and adults, this book collects stories about cyberbullying, provides facts, gives tips to victims, advises teens how to safe online, and tells adults how to create a more caring school environment.
Peters, Julie Anne. By the Time You Read This I'll Be Dead. (2011) Hyperion. ISBN: 9781423130215
Emotionally crippled after a lifetime of being bullied, Daelyn Rice is determined to get her suicide right this time, using the advice of a website for “completers.” Then she meets Santana, a boy who is determined to become her friend, no matter what. Is it too late for a friend to make a difference? Includes a reader’s guide with resources relating to suicide and bullying.

This book collects recipes, decorating ideas, and other tips for hosting and preparing for all kinds of parties, from casual to elegant. It includes almost five hundred recipes.

A collection of meditations, quotations, affirmations, and true stories from practitioners of the kindness movement, including Billy Graham, Rosalyn Carter, the Dalai Lama, George Bush and Bill Clinton. Demonstrates that kindness can occur in the worst of circumstances, including Hurricane Katrina, the great tsunami that struck Japan, and the Iraqi War.

KidsPeace, a nonprofit organization, uses personal stories, facts, and self-tests to help teens identify and find help for issues that they, friends, and family members may face, including alcohol, tobacco, drugs, eating disorders, cutting, and high-risk behaviors.

In this memoir, Paige Rawl recounts how she was born HIV-positive and, taking medicine daily, lived a normal life until middle school when she told a friend about her diagnosis. The news spread and the bullying began almost immediately. Her life became miserable and she even attempted suicide. After counseling and time at a camp for children affected by HIV/AIDS, she regained control of her life and is now a successful college student, HIV/AIDS speaker, and anti-bullying advocate.

Five teens in rehab are placed in a counseling group together and struggle to face and overcome their demons, both familial and substance abuse-related.

Eleanor is the school outcast and Park is the school’s “Asian nerd.” When this most unlikely couple falls in love, they must face an insecure future and a threatening present that includes
difficult parents, an unfriendly school environment, and increasingly dangerous sexual threats to Eleanor.

When Runyon was 14, he tried to commit suicide by pouring gasoline on himself and setting himself on fire. This is his memoir of the harrowing year of recovery following this attempt.

Eighteen-year-old Zach doesn't remember why he's in rehab. He knows he's an alcoholic but needs the help of a sympathetic therapist, roommate, and others in the facility to help him face the demons of his past and prepare for a future of his choice.

This title in the Urban Underground series follows Jaris and Sereeta during their junior year at Tubman High, with dramatic issues such as a drive-by shooting, gangs, drugs, taggers, and the dangers of drunk driving.

In rehab following the death of her best friend Julia in an alcohol-related accident, Amy uses a therapist-ordered journal to write letters to Julia, coming to terms with her grief and the demons of her past risky behavior.

Hard-partying bass guitarist Seth is trying to move past his best friend Isaac's alcohol-related death last summer when he meets Rosetta, who is also coping with grief.

This eBook is a collection of party games suitable for all.

A memoir of the author’s road from casual drinking and marijuana use to the cycle of full-blown hard drug use (heroin, cocaine and crystal meth), rehab, and relapse by his early twenties.

In this sequel to Tweak, Sheff continues the story of his struggles with drug addiction and the cycle of rehab and relapse.
When Jacob’s dad almost dies in an alcohol-related accident, Jacob realizes that he’s headed
down the same path. He tries to turn his life around but faces challenges including a toxic
community rooted in alcohol use, family instability, and problems with his marijuana crop.

Schuster. ISBN: 9781442493834
After her mother’s death, 15-year-old Ruby must leave her life in Boston to live with a movie
star father she’s never met, a path that leads her eventually to understanding and
forgiveness. A novel in verse.

Town bad boy, Landon Carter, never expected to fall in love with Jamie Sullivan, the shy, kind
daughter of the Baptist minister, but this relationship will move him more profoundly that he
ever thought possible.

A year after the end of Stargirl, Stargirl Caraway is now living in Pennsylvania and, still
missing Leo, decides to write “the world’s longest letter” in diary form to him. Still as individual
as ever, her new neighbors and friends tempt her back into life in the here and now.

When formerly homeschooled Stargirl Caraway arrives at Mica High, she brings a quirky,
uninhibited individuality that first fascinates her fellow students and then leads them to shun
her. Even Leo, who has fallen in love with Stargirl, eventually follows the crowd and
abandons her.

Gabriella Gardiner wakes up to discover that, while drunk, she apparently stole her uber-rich
boyfriend’s BMW and ran it into a tree. All she wants is her perfect life back, until she realizes
that maybe everything wasn’t so perfect and now it’s time she faced the truth.

Littlefield. ISBN: 9780810890541
This helpful resource addresses the causes and types of bullying, with exercises and
strategies to help teens with this all too common problem. Personal stories of teens who have
been bullied add interest to this readable volume that addresses many bullying situations,
including bias-based, cyberbullying, sexual harassment, dating violence, and adult bullying.
Also includes questionnaires, literature, and resource lists.

After she gets drunk and is raped at a party by the town sheriff’s son, Romy Grey finds herself
the victim of bullying and sneering from teachers, students, and the sheriff himself. When
another girl goes missing and a third is also assaulted, Romy must decide whether she is going to fight or remain silent.

This adult level book examines the double bind society places women in, encouraging them to look and be sexy, and then labelling them sluts when they succeed. The author’s research led her to tell the stories of a wide range of teenage girls and young adults who have faced rumors, innuendo, bullying, rape, and suicide. This update to the author’s *Slut!: Growing Up Female with a Bad Reputation* also looks at the role of social media and the internet in sexual stereotyping.

The author analyzes the experiences of adolescent girls, including her own, who were the victims of “slut-bashing” in adolescence.

An informational look at these two common teen behaviors, with advice on coping and managing them.

Twenty teens from New York’s Youth Communication program share essays about their experiences with physical, verbal, relationship, and cyber bullying. The book ends with information about how adults can help teens with bullying issues.

The day after Halloween, Nan wakes up in a subway car, wearing skeleton makeup, with no memories of the previous day. As she struggles to discover what happened, she becomes more and more convinced that these memories hold the key to her survival.

Unhappy after her father leaves the family, seventeen-year-old Dell’s weight balloons. Things go from bad to worse when she is bullied at school (even by her former best friend), raped at a party by her former crush, and faced with rumors that she instigated the rape. With no one to turn to, she starts to feel that suicide is her only option.

After a night of drunken partying, junior Alex wakes up naked in a boy’s bed. As memories start to surface, she realizes she was date raped. Deciding not to tell the authorities at her
unsympathetic, elite boarding school, she instead seeks help from a mysterious group called the Mockingbirds, which works behind the scenes to provide justice by making perpetrators face the consequences of their actions.

This look at the causes and effects of bullying is intended for teens. It also recommends methods to end bullying and cyberbullying.

Audiovisual Resources
A 6:22 minute video in which real teens who don’t drink discuss topics such as “Drinking, What’s the Big Deal?,” drinking and driving, and peer pressure.

Anne B. Real. DVD (2003) Luis Moro Productions
Cynthia Gimenez, living in poverty in Spanish Harlem, writes poetry and dreams of becoming a rap artist. Surrounded by drug dealers and violence, she is inspired by The Diary of Anne Frank, a gift from her father, who is now deceased. Through Anne Frank’s voice, she is able to become the rap artist, Anne B. Real. 91 minutes. Rated PG-13 for violence and drug content.

A documentary film about peer bullying in the United States that follows the stories of several victims of bullying, two of whom committed suicide. 99 minutes. Rated PG-13 for intense thematic material, disturbing content and some strong language, all involving children.

Greg Heffley must learn to navigate the halls of middle school, with all its trials and tribulations. Rated PG for some rude humor and language.

This non-fiction video tells the story of a teenage girl who drove drunk and killed a man who was a husband, father and grandfather. It includes a jailhouse interview and comments from the victim’s family. 20 minutes.

The DUFF. DVD (2015) CBS Films
Bianca is a high school senior who is crushed to learn that her friends consider her their DUFF ("Designated Ugly Fat Friend"). She recruits the help a popular jock, Wesley, to advise her in how to reinvent herself. 101 minutes. Rated PG-13 for crude and sexual material throughout, some language and teen partying.
DUI: Dead in 5 Seconds. DVD (2007) Cerebellum. 9781594437281
A documentary about the consequences of an alcohol-related driving death, from many perspectives. 18 minutes.

This film depicts the devastating consequences of drinking and driving, from the perspectives of drunk drivers serving jail time, the families of victims, ER doctors, and EMTs. It includes graphic photos that may be disturbing to some viewers. 29 minutes.

This graphic video combines a dramatization of a DUI accident with real footage of the accident scene. There are interviews with doctors and EMTs about anatomical and medical results of auto accidents. 24 minutes.

After good girl Olive tells a lie about losing her virginity, rumors start to fly at school, and Olive sees the parallels between her life and Hester Prynne’s in The Scarlet Letter. Things change when she takes control of the situation, using it to advance her social and financial position. 92 minutes. Rated PG-13 for mature thematic elements involving teen sexuality, language, and some drug material.

Film Clips for Character Education, Episode 4: Knowing Yourself, Facing Peer Pressure, Understanding Bullies. DVD (2008) Film Clips Spirit of America. 9780979381645

Four More Days. DVD (2007, originally produced in 2002) Film Ideas. 9781575579573
A dramatized story that intersperses a homemade graduation video with video of an accident scene after a drunk driving accident. 19 minutes.

In this 1 minute public service announcement, one student invites another to a drinking party. He turns him down and invites him to play video games instead.

Graduation Day. DVD (2010, originally produced in 2009) Films for the Humanities & Sciences. 9781621020721
Hosted by Dan Rather, this dramatizations depicts the consequences of drinking and driving. 30 minutes.

**The Karate Kid. DVD (1984) Columbia Pictures**
After moving from New Jersey to California, Daniel has a hard time fitting in. When he’s attacked by members of a local karate dojo, the elderly Mr. Miyagi saves him with his sweet karate moves, which he reluctantly agrees to teach to Daniel. 126 minutes. Rated PG.

**The Karate Kid. DVD (2010) Columbia Pictures**
When Dre Parker moves with his mother to China, he develops a crush on a classmate, Mei Ying, which makes him the target of the class bully and his gang. When maintenance man, Mr. Han, a secret karate master, reluctantly teaches him karate, he learns a few life lessons as well. 140 minutes. Rated PG for bullying, martial arts action violence and some mild language.

In this 3 minute video, Dylan invites Brandy to his “epic” drinking party. She talks to other teens before deciding that she’s just not into drinking and decides not to go.

**Mean Girls. DVD. (2006) Paramount.**
When home-schooled, sixteen-year-old Cady Heron attends public school for the first time, she decides to infiltrate the school’s “popular girl” clique with the aim of taking them down. Then she gets caught up in their drama and must eventually decide where she stands. 97 minutes. Rated PG-13 for sexual content, language and some teen partying.

**The Outsiders. DVD (1983) Warner Brothers**
In this classic rich versus poor story, Ponyboy, Dallas and Johnny from the poor Greasers gang find themselves on the run after Johnny kills a member of the rich Soc gang in self-defense, igniting a gang war. 91 minutes. Rated PG-13 for violence, teen drinking and smoking, and some sexual references.

**Pay It Forward. DVD. (2000) Warner Brothers.**
Trevor, who has an abusive father and an alcoholic mother, changes the lives of those around him when he accepts his social studies teacher’s assignment to “pay it forward,” repaying a good deed with three good deeds done to other people. Rated PG-13 for mature thematic elements including substance abuse/recovery, some sexual situations, language and brief violence.

**Slut: A Documentary Film. (Release information pending)**
The Unslut Project ([http://www.unslutproject.com](http://www.unslutproject.com)) is in the process of producing a documentary film about sexual shaming in North America, featuring interviews with victims, friends, families, and experts, including high profile incidents such as Rehtaeh Parsons (the
Halifax teen who took her own life after being gang raped and then labeled a slut), Samantha Gailey Geimer (Roman Polanski’s thirteen-year-old victim), and many others. Although not yet available, it is worth keeping on the radar. You can sign up for the Unslut Project’s mailing list for updates.

**Smith, Chaz. The Game. onestudent.org, https://youtu.be/gR8WziU4dfU, Accessed 03/03/2015.**
A powerful, student-made video highlighting the male role in the culture of sexual harassment and rape that exists in the United States. 5:46 minutes.

**Smoke Signals. DVD (1998) Lionsgate**
Based on Sherman Alexie’s *The Lone Ranger and Tonto Fistfight in Heaven*, this coming of age story follows two young men growing up on a Native American reservation. Victor is a nerd who was orphaned in a fire as a baby. Thomas, Victor's total opposite and sometimes his bully, is the son of the man who rescued Victor and disappeared from the reservation soon after. The two must come together when Thomas learns that his father has died and his mother sends him to recover his ashes. 89 minutes. Rated PG-13 for intense images.

**The Spectacular Now. DVD (2013) Lionsgate**
Based on the book of the same name by Tim Tharp. Sutter Keely is a popular high school senior who has charmed his way through life. After his longtime girlfriend dumps him for another senior who has ambitions, and facing a life of alcoholism, he’s at a crossroads. He meets Aimee Finecky, a nerdy “nice girl” with plans for the future and decides to take her under his wing. Although rated R, this realistic film is an excellent choice for older teens. Be sure to require permission slips if showing this movie. 95 minutes. Rated R for alcohol use, language and some sexuality, all involving teens.

A short clip from the movie, "Pay It Forward," showing the assignment and Trevor explaining the "pay it forward" idea to the class, with their reactions. 2:45 minutes.

This video shows how underage drinking is seen by students, parents, police, doctors, and lawyers, including interviews with a young recovering alcoholic, a district attorney, and discussion of the liability of parents and adults who serve alcohol to minors. 27 minutes.

**A Walk to Remember. DVD (2002) Warner Brothers**
When Landon, the town bad boy, is sentenced to community service after a prank that puts another boy in the hospital, the last thing he expects is to fall in love with the shy, serious daughter of the town’s Baptist minister, a relationship that will teach him the joy and pain of life and death, changing his life forever. 101 minutes. Rated PG for thematic elements, language and some sensual material.
Articles
Davis, Stan and Charisse Nixon, “The Youth Voice Project,”
The authors, researchers at Penn State, studied how students perceive the effectiveness of strategies meant to address bullying and peer-mistreatment in schools. The project highlights the types of intervention that are the most helpful. This is the first large scale study related to bullying and peer harassment.

Dear Bully: 70 Authors Tell Their Stories Discussion Guide,
http://www.thepageturn.com/blog/wp-content/uploads/2012/12/DearBully-DG.pdf,
Accessed 02/20/2015.
This discussion guide briefly explores bullying and presents discussion questions and topics for reflection inspired by the book.

Fechter, Joshua. Texas Boxer Joel Garcia Allegedly Killed 3 While Drinking and Driving on Christmas Eve, MySanAntonio.com, 12/29/2015,
A news article about a Texas boxer who killed three young people in El Paso in an alcohol-related accident on Christmas Eve, 2014, with a photograph of the victims.

A Guide to Safe and Sober Event Planning, NHTSA,
A detailed guide to planning and hosting an alcohol-free party, with ideas on settings, activities, themes, entertainment, decorations, food, and more.

Healthy Relationships Resource Kit, Western Health,
A resource kit with many ideas for games and activities to be used in teaching students from kindergarten to high school, plus adults, the characteristics of healthy relationships of all kinds: parent-child, teacher-student, friend-friend, boyfriend-girlfriend, etc.

Hope, Merrill, Texas Teen Tragically Commits Suicide after Relentless Bullying, 11/24/2015, Breitbart.com,
A news article about a 13-year-old boy who committed suicide in Georgetown, Texas after being targeted by bullies due to his red hair, freckles, and religion.
A newspaper article about the guilty plea of a man who was driving drunk and killed a family of five in Houston, Texas, with a photograph of the sole survivor of the family who was seriously injured in the accident.

Psychologists’ research shows that something as simple as writing in a gratitude journal once or twice a week can improve our health, happiness, and even our sleep. This article collects tips from the experts.

A newspaper article about two mothers who took revenge on their son’s bullies in Fresno, California.

A news article about a girl who was bullied in Austin, Texas and may have suffered permanent eye damage.

This article compiles resources on bullying for educators, parents, and schools, including a bullying prevention curriculum, suicide prevention, and communication information.

A newspaper article about the the suicide of a bullying victim in Lakeland, Florida, Rebecca Sedwick, and the subsequent arrest of two of her harassers.

A news article about a drunk driving incident in Houston, Texas that took the life of the driver’s friend, with a photograph.

A news article about the lenient sentence given to a teen drunk driver who killed four people in Fort Worth, Texas, with a photograph of the victims.

**Websites**

A guide to throwing a “booze-free bash” in conjunction with April, which is Alcohol Awareness month. It includes party-planning tips and facts about alcohol.

Jodee Blanco, author of several books about bullying, as well as an in-school anti-bullying program, “It’s NOT Just Joking Around!”, offers survival tips for teens, parents, educators, and adult survivors of bullying, plus a resource list.

**Bullying Prevention and Online Safety Resources, OSPI Safety Center,** [http://www.k12.wa.us/SafetyCenter](http://www.k12.wa.us/SafetyCenter), Accessed 03/20/2015.
A compilation of websites that present a wide array of bullying information and resources.

**The Bullying Prevention Role-Playing Game, Social Skills Central,** [http://socialskillscentral.com/free-samples](http://socialskillscentral.com/free-samples), Accessed 03/06/2015.
Although this is a site that sells counseling and human resources materials, it does offer some free resources and games, including this bullying role-playing game.

A website that is the source of several maps.

Website of the city of Fresno, California.

Students Against Destructive Decisions (SADD) provides a wealth of student, parent, and educator materials to encourage students to stay away from drinking, drugs, and other risky behaviors, including a Contract for Life, which encourages students not to drink and drive.
This companion website to the book, *Dear Bully: 70 Authors Tell Their Stories*, collects stories and short videos about bullying. It offers advice and resources. Contributors include A.S. King, Amy Reed, Carrie Ryan, Ellen Hopkins, Jo Knowles, and many others.

Printer-ready drinking and driving display materials.

This website is a resource for planning an alcohol awareness party.

A foundation dedicated to fighting the dangers of irresponsible drinking, including drunk driving, underage drinking, and binge drinking. Includes a page dedicated to alcohol statistics by state.

A collection of quotes on kindness.

A selection of quotes on kindness collected by the kindness experts and the Random Acts of Kindness Foundation.

A large selection of inspirational quotes by a variety of authors, celebrities, and others.

A webpage created by Unison Behavioral Health Group which focuses on educating against and preventing driving under the influence of alcohol and drugs.
Instructions for making tissue paper flowers, with photo illustrations.

A blog about the power of kindness, by Patience Salgado, with features such as Guerilla Goodness, the Magic Wand Project, and instructions for the Tag You’re It Project.

A website dedicated to the idea and practice of global kindness, with many stories to share and ideas for fostering kindness in communities. Resources include a pay it forward game, several 21-day challenges, and smile cards.

MADD (Mothers Against Drunk Drivers), http://www.madd.org/, Accessed 03/17/2015.
The MADD website has many resources including statistics, victims’ stories, and contact information for your local MADD office.

Instructions for making an easy “make a wish” bracelet using hemp and beads.

A large selection of motivational quotes.

Resources and inspiration for kid-based bully prevention featuring information on National Bullying Prevention Month, videos, stories, resources, and a petition to sign.

Information and resources for preventing underage drinking.

Anti-Bullying incidents involving celebrities and non-celebrities are collected on this site, along with other anti-bullying resources.

A project with the mission of posting anonymous sticky notes with positive, inspiration messages in public places to encourage all people to find beauty in themselves.
The website of the Random Acts of Kindness Foundation, which has the stated purpose of “inspiring a culture of kindness in schools, homes and communities.” It features a databank of “kindness ideas,” resources for educators and “RAKtivists,” and stories about random acts of kindness.

Stomp Out Bullying, [http://stompoutbullying.org](http://stompoutbullying.org), Accessed 03/19/2015.
A national bullying and cyberbullying organization for kids and teens.

Federal resources for reducing and preventing underage drinking, intended to work with governments and organizations at the state and local levels. Included research, funding opportunities, prevention videos, how to get help now, and more.

A federal government website managed by the U.S. Department of Health and Human Services with numerous resources that educate and give children and teens the tools to stand up to bullies. Includes information on bullying, cyberbullying, who is at risk, how to prevent and respond to bullying.

The rules for a city-wide game of kindness tag, with a link to download and print your own tag cards.

Created by KidsPeace, TeenCentral.Net is a safe site that gives teens a place to tell their stories, ask questions about difficult situations, or just vent on a range of hot topics such as bullying, alcohol, fitting in, school, drugs, and teen violence. Teens create a logon but the site is anonymous. It also features videos for teens and parents.

A resource that educates students on ways to respond to bullying.

Check the TABC website for contact information for your local office. TABC offers speakers and programming on various alcohol-related topics.
This anti-alcohol site for teens presents facts, statistics, videos, and activities dedicated to preventing alcohol use by teens.

This resource is sponsored by the Texas Alcoholic Beverage Commission (TABC) and includes fact sheets, links to public service announcements, printable materials, and information on requesting speakers.

Kevin Kruse, the author of 365 Inspirational Quotes: Daily Motivation for Your Best Year Ever, shares his favorite quotes on “the business of life.”

Use this website to join or host a kindness challenge. Pledge to “step-up your kindness, gratitude, mindfulness, and more for 21-days straight.” Challenges in the series include Kindness, Mindfulness, Gratitude, and Eco-Footprint Challenges.

A compilation of interesting statistics about underage drinking, compiled by MADD.

An article that explores the meanings of colors in relation to personality traits.

This website has a wealth of information intended to increase awareness of sexual shaming, including a forum for victims to share their stories and information about the site’s upcoming documentary, “Slut: A Documentary Film.”